



Annual Report 2010

Respect



Love



Community



Spirituality



Reporting Back

From Our Chair and Our Director

From the Chair of the Management Committee - Roger Forster



2010 has been a year of change for St. Joseph's Pastoral Centre. After many years of service, Richard Ashcroft's term as Chair of the Management Committee expired and he resigned from the committee in May 2010 due to health reasons. We thank Richard for his hard work and dedication to St. Joseph's Pastoral Centre and wish him well for the future. Also, 2010 saw the departure of the Director, Helen O'Brien, after five years in the role. Helen has been appointed as Director of CSAN, so her involvement in Catholic social action will continue. Helen has left a lasting legacy at St. Joseph's Pastoral Centre and we are determined to continue building on that success. We welcomed our new Director, John Coleby, in September 2010. St. Joseph's Pastoral Centre is not immune from the

economic climate and, as yet, it is too early to quantify the impact that cuts to Local Authority funding may have – particularly on the Activities Centre. This will become clearer in 2011. However, trust and grant income was down by approximately 50% on budget

and there was a considerable shortfall on restricted income, though this was somewhat compensated by reduced expenditure in restricted funds. Whilst recognising that many Charities are experiencing a similar shortfall in funding, we must re-double our efforts in fundraising throughout 2011/2012 to ensure that there is not a constant drain on our reserve funds. Following the Holy Father's visit in 2010 and his call for us to have solidarity with the poor and needy of our society, it will be interesting to see how the Caritas agency can help share good practice, offer practical assistance and involve the expertise of Catholic charities and organisations to help all of us explore the richness of Catholic social teaching and how we act in pursuit of the common good.

From the Director - John Coleby



St Joseph's has a wonderful record of success in supporting the development of people with learning disabilities. In the coming year we plan to build on these achievements. We aim to reach more people, give them a greater voice and bring their needs to the attention of the communities we work in. We are looking forward to developing a curriculum which appeals to all people and which we hope will help to make St Joseph's a truly inclusive community. We are currently exploring opportunities for strategic partnerships with other organisations which we hope will help us achieve our aim of delivering a greater range of services. We will expand our outreach services by providing activities-based programmes in parish centres and establishing 'connect@' relationships with

St Joseph's in Hendon. The plan is to provide a 'hub' of practical support around which, advocacy and social inclusion can be developed alongside spiritual development, faith sharing and catechesis. During the coming year we will be reviewing and renewing our

outreach programme in order to better meet the needs of the parish communities we work in. In order to respond to the financial challenges presented by the current economic climate we will be developing a fundraising strategy including the formation of a fundraising advisory group. Other key challenges will be:

- * The improvement of our internal systems in order to ensure we manage our activity as efficiently as possible.
- * Enhancing the involvement of people who use our service
- * Measuring outcomes for people who use our services and
- * Continuing our investment in the training and development of staff and volunteers.

Management Committee

We also extend our special thanks to our Management Committee for their advice and 'critical friendship'. Members in 2010 were Richard Ashcroft (Chair), Edmund Adamus, Mark Brenninkmeyer, John Boniface, Chris Fernando, Roger Forster, Joanna Hartley, Fr Allen Morris and Jackie Reddington.

Reporting Back Our Values and Mission

Our Values

Respect -
for the gifts and
dignity of each
individual

Love -
expressed in
warm care
and long-term
commitment

Community -
a welcome which
creates friendship
and belonging



Spirituality -
nurtured by that
creativity and joy
in activity which
lifts the spirit

Our Mission

*We exist in order to support individuals
with learning difficulties, their families and friends.*

Helping to educate
society and to transform
attitudes, enabling
people with learning
difficulties to achieve
their potential.

We aim to do this by:

Working in partnership
with other Organisations
and with people of
all faiths or none,
enhancing activities
and services.



Including children and
adults of faith with
learning difficulties into
full participation in the
life of the Church.

Offering training and
information to people
throughout the Diocese,
so that they may support
people with learning
difficulties.

Reporting Back From Outreach

For Catholics everywhere **2010** was an exciting year, with **the Papal visit** in September. The Holy Father's visit provided a special opportunity for prayer and reflection. Families gathered at St Joseph's in order to watch Mass from Westminster Cathedral and the prayer and adoration from Hyde Park.

A major landmark of 2010 was the **40th Anniversary of the Chronically Sick and Disabled Persons Act 1970**. A special service was held at Holy Apostles Catholic Church in Pimlico, celebrated by Our Patron, Archbishop Vincent Nichols. He said, "Over the last forty years we have seen the achievements of this Disabilities Discrimination Act spread throughout society, with its principle aim of placing 'needs before means' now so widely accepted. In so many areas of society, we have been able to witness the increasing active participation and unique contribution of people who, in the past, would not even have been present."

Reportage

Confirmation Case Study

Name: Patrick

Age: 14

Patrick was confirmed at St John Fisher Church in Perivale, in June 2010, by Bishop

Alan Hopes. He was catechised for four weeks. Gail, his catechist used symbols and a more mainstream approach in his preparation. She said, "Patrick can read and write, and was able to choose his own Saint - St Thomas the Apostle because he was a missionary, which appealed to him. It was a wonderful occasion; his parents were ecstatic as they had always wanted him to be a full member of the Catholic Church."



13 First Holy Communions, **2** Confirmations,
3 Special Masses **10** Inclusive Masses **1** Symbols of Faith
Course **36** Saturday Clubs, **8** Thursday Clubs

Reportage

Praise for our Symbols of Faith Course

A 5 week training programme about the way we prepare children with special needs for the sacraments and other liturgies.

"I am now more fully aware of what I need to try and achieve in the parish".

"Easy to see how I could use the activities in my work with people with learning disabilities"

"The sessions gave me more confidence to adopt the newer approach to passing on the 'Word' through the Sacraments to those in the parish with Special Needs".



St Dominic's Sixth Form College in Harrow hosted a day for St Joseph's families, specifically by the Red Caps, pupils who were going to assist at Lourdes last summer. The day comprised activities and games, a shared lunch and a Mass. A **Prayer afternoon** was held at Douay Martyrs School in Ickenham, for Pield Heath RC Special Needs School, with a theme of unity and signed bidding prayers.



Reporting Back From Activities Centre

In 2010 we changed the emphasis of our Courses, with the introduction of **My and Our** to the course titles. **My** indicates a focus on the individual's learning skills, **Our** suggests the individual works as part of a team. There is a demand for courses which develop the skills needed for work – punctuality, listening, and team work. Our aim is to prepare students who wish to take advantage of work and volunteering opportunities both at St Joseph's and in the wider community. **141** students subscribed to our courses in 2010.

In a very small way we began to develop a social enterprise initiative by selling jewellery, craft items and Christmas cards made by our students.

In September **2010** we opened a new computer suite which has enabled us to provide a range of new courses using the internet and information technology. For example, **Exploring Our**



World is a course designed to facilitate a team of students to research and plan activities using the Internet - a shopping trip, visit to the cinema or theatre - and then organise and participate in that activity and record the experience. Other new courses offered were **My Creative Textiles; Our Jewellery and St Joseph's Dance Studio**.

We also offer the therapies of Touch Massage, Reflexology and VRT (Vertical Reflex Therapy), treating **34** clients a week. This is an increase on last year which has prompted the employment of a second therapist.

There is lots of time for fun at St Joseph's - we hold regular social and fundraising events - discos, a summer barbecue, our annual Sri Lankan Day as well as other enjoyable social activities. At the end of each academic year we recognise each student's achievements at a special achievement event.



Reportage

Healthy Living Project

Several of our courses form part of this project, funded by several trusts with the intention of enabling students to live healthier lives by making healthy choices; to live independent lives; increased participation in community life.



Students plan healthy menus; prepare and cook for many of our social events at St Joseph's, and participate in *Yoga* and *Keep Fit* classes. Those who attend our *Computer Club*, *My Photo My Story* can adapt independent learning techniques to other areas of their lives. *Exploring our World* actually instigates real life experiences – London Zoo, a local restaurant. *Horticulture* develops friendships with other community members they meet at the allotment; and ultimately we hope will provide supported employment.

Reportage

A Volunteer's Story



Jackie is a volunteer support tutor in the Computer Club; she joined St Joseph's in 2004 after 14 years as a Headteacher.

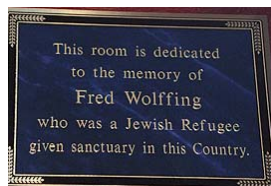
"I initially came on a trial basis until Christmas - and I'm still here! I had very little experience of people with learning disabilities, but I never cease to be amazed at their talents. Wednesday at St J's are a firm fixture in my diary. I help with the Internet Café - email and the internet as well as learning programmes. I am currently a member of the Management Committee. St Joseph's has become an important part of my life – I enjoy working with the students and with an excellent team of staff and volunteers".

Reporting Back From Fundraising

Events and Donors

There are many people who give their time and expertise to St Joseph's. Without them we could not do the things we do, and we are always grateful for any help. We would like to thank everybody who has helped to raise money either through major fundraising, or social and spiritual events at the Centre, in the Parishes and the communities of London and Hertfordshire:

Valentine's Disco
St Patrick's Day Disco
Sponsored Walk
Barbecue
Sri Lankan Day
British 10K London Run
Carol Concert
Multi Cultural Evening



Our Funders

St Joseph's would like to thank the Trusts, Foundations as well as individuals which have funded our work in 2010.

Sir Harold Hood's Charitable Trust
The City Bridge Trust
The Henry Smith Charity
The Wates Foundation
Ofenheim Charitable Trust
The Estate of the Late Fred Wolffng
The Forbes Charitable Foundation
Arimathea Charitable Trust
St Gregory's Catholic Science College

We are extremely grateful to our staff and volunteers, without whom we could not offer the range and quality of services we currently do. Our thanks go to each and every one of them.



Reportage

How the Money was Spent

We opened a new computer suite which has helped us expand the range of courses we offer. Our thanks to the Estate of the late Fred Wolffng and The Forbes Charitable Foundation. A plaque in the suite commemorates Fred Wolffng, a Jewish refugee whose family came to live in England to escape Nazi persecution.



We have been able to increase the number of computers to 10, and are trialling some new software. Our Internet Café allows students to work on their own, or improve their skills by working with a tutor. The Suite uses a system of support which monitors each student's progress from the tutor's screen. This approach enables the tutor to agree specific tasks for the student yet still enables them to work as part of a team.

Reportage

How the Money was Raised

I was happy to support St Joseph's running the Great British 10k. I had also signed up to run the Prague Marathon, so while I had set up a JustGiving site and received a little online sponsorship, I needed to do additional fundraising. I organised a cake sale in my office and enlisted the help of my friends and tried my hand at baking for the first time - £200 was raised! I also got some of our local businesses to make a donation for a raffle prize - a further £200.



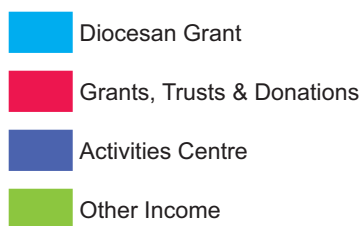
The run went well and it was lovely to meet the St Joseph's team and have a glass of fizz to celebrate - I was delighted to make a total of £575.

Reporting Back From Finance

Incoming Resources	Unrestricted	Restricted	Total Funds 2010	Total Funds 2009
General				
Diocesan Contribution	123,201		123,201	123,060
General Income	4,611		4,611	8,434
Trusts, Grants & Community Fund	15,600	32,043	47,643	104,608
Activities in furtherance of Charitable objectives				
Activities Centre	186,637		186,637	163,176
Outreach to Communities in the Diocese	670		670	1,149
Information & Services	8,573		8,573	7,579
Activities for generating funds				
Events	10,374		10,374	15,880
Lettings	4,420		4,420	3,094
Resources Generated in Year	354,086	32,043	386,129	426,980
Restricted Funds balances b/f - 1st Jan '10		121,311	121,311	
TOTAL FUND RESOURCES	354,086	153,354	507,440	
Resources Used				
Costs of generating funds				
Fundraising & Publicity	30,814		30,814	32,455
Events & Lettings	9,870		9,870	9,946
Costs of furtherance of charitable objectives				
Activities Centre	199,879	40,604	240,483	206,175
Outreach to Communities in the Diocese	55,670	9,698	65,368	103,167
Information & Services	29,342		29,342	30,532
Support costs*				
Governance & Management	28,511		28,511	28,636
Total Resources Expended	354,086	50,302	404,388	410,911
Less Total Fund Resources	354,086	153,354	507,440	
TOTAL FUNDS C/F AS AT 31st DEC '10		103,052	103,052	

*Bldgs & Facilities expenditure apportioned across cost heads.

Total Income



Total Costs



Reporting Back You Report to Us

Reportage

“I recently brought my son to St Joseph’s for the first time; it was friendlier than previous institutions. Everyone was very patient, they kept on helping whatever - that’s how you learn and improve “



Reportage

“It’s a very friendly place – even if you have learning disabilities, it’s easier to make friends here. In the jewellery class friendship and sharing are encouraged, in a safe place”.